



REGISTRATION OF PREGNANCY

Congratulations on your pregnancy! Here is some information for you to read prior to your Antenatal Booking Appointment with the Midwives at St Bernards Hospital.

We would like to meet with you when you are approximately 10 weeks into your pregnancy. At this appointment we shall give you information about your pregnancy, a full medical history will be taken and information given about Urine and Optional Blood Tests. This appointment usually takes an hour.

Your appointment will not be in the Community Midwives room on the 4th Floor of the Hospital. Our telephone number is 20072266 ext2131 and is usually on answerphone, which is checked daily.

A scan will not be undertaken at this appointment. This is a separate appointment and is undertaken by a GHA sonographer between week 10 to 12. We will arrange this for you.

We advise you to take 400mg of Folic Acid as soon as you know you are pregnant to help prevent Neural Tube Defects. This can be purchased in any local pharmacy. For further information about diet please log on to www.nhs.uk/Livewell/pregnancy If you smoke or drink alcohol you will harm your baby, so stop now!

Please ensure you are in possession of your EHIC card – this has a unique GHA number on it which we need for your Hospital records.

HOW TO ARRANGE YOUR APPOINTMENT

We request you to complete the information below and leave this form with the Registration Office here at the Primary Care Centre. We collect these every Wednesday. We will contact you with your appointment by telephone or post.

We look forward to meeting you soon,

Community Midwives.

Name:	Date of last period:
Address:	First Baby? :
	EHIC Number and expiry date:
	Age:
Date of Birth:	Date today:
<u>Contact numbers</u>	
Home:	Mobile:
Work:	Other:

For Registration Use Only

For Community Midwife Use Only

<u>Comments</u>	Booking date:
	Time:
	Date slip was picked by by CMW: