



REGISTERING YOUR PREGNANCY

Here is some information for you to read prior to your ANTENATAL BOOKING APPOINTMENT with the Midwife.

We would like to meet with you when you are approximately 10 weeks into your pregnancy. At this appointment we will give you information about your pregnancy, a full medical history will be taken and information given about Routine & Optional Blood Tests. This appointment usually takes 1 hour.

This appointment will be in the community midwives room on the 2nd floor of the PCC. A scan will not be undertaken at this appointment. This is a separate appointment and is undertaken by a GHA sonographer from 12 weeks onwards. We will arrange this for you.

We advise you to take 400µg of Folic Acid as soon as you are pregnant to help prevent Neural Tube Defects. This can be purchased in any local Chemist. For further information about diet please log on to www.nhs.uk/Livewell/pregnancy Smoking and drinking alcohol will harm your baby, so best to stop now!

HOW TO ARRANGE YOUR APPOINTMENT

Ensure you are in possession of your GPMS Registration/E111 Card-this has your unique GHA number on it, we need this number in order to process your pregnancy booking. If your card has expired please email the Registration Office at registration@gha.gi . You will be required to renew your card before requesting an appointment.

Please fill in the information below and email it to bookings@gha.gi (Community Midwives). Please allow up to one week for processing.

We will contact you with your appointment, and look forward to meeting you soon.

NAME:	DATE OF LAST PERIOD?	
ADDRESS:	FIRST BABY?	
	GHA NR. AND EXPIRY DATE	
	AGE:	
DOB:	Date today	

TELEPHONE NUMBERS WE CAN CONTACT YOU ON <u>IN GIBRALTAR?</u>	HOME?	MOBILE?
	WORK?	E-Mail

FOR REGISTRATION DEPT. USE	FOR COMMUNITY MIDWIFE USE
PATIENT ENTITLED / NON ENTITLED (Delete as appropriate)	BOOKING DATE:
COMMENTS	TIME:
	Date Slip was picked up by CMW

Data Protection-How we use your information.
We treat all the information you give us about you and others as private and confidential. We respect your privacy and understand the importance of protecting the personal information we hold. See our privacy notice for full details.